| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------|--|------------------------|---|---------------------|------------------|-------------------------------|
| | | | and the second se | | | Benice's after 1 |
| | | | 1 0 | 005 | | breakfast |
| | | 1/191 | ch J | 1.7.5 | | Devotional Hymns & |
| | | | ch 20 | | | Singing |
| | | | | | | 2:30 Movie Matinee |
| Saddlebrook Senior Living | | | | | | Title of the movie will |
| 9:00 Betty's Sunday | 10:30 Chair Exercises | 10:30 Drum Circle 4 | 10:30 Chair 5 | 10:30 Drum Circle 6 | 10:30 Zoology 7 | Benice's after 8 |
| Service | 11:00 Balance | 1:00 Dominoes | Exercises | 2:30 Words from the | videos | breakfast |
| - downstairs TV area | Training | 2:30 Ax | 11:00 Balance | Word | 1:00 Dominoes | Devotional Hymns & |
| 10:30 Balloon Volley | 11:30 Lunch Bunch | Throwing/Darts | Training | 3:00 Bingo! | 2:00 Crokinole | Singing |
| 1:00 Dominoes-in | Outing: Poblemos | 3:00 Arts & Crafts- | 1:00 Outing; Small | 4:00 Timeless Tunes | 3:00 Happy | 2:30 Movie Matinee |
| Bistro | 3:00 Bingo! -Bistro | "Mardi Gras Masks" | Walmart | | Hour!!! | Title of the movie will |
| 9:00 Betty's Sunday) | 4:00 Sharing Recipes- 10:30 Chair Exercises | | 10:30 Chair 12 | 10:30 Drum Circle 3 | | |
| Service | 11:00 Balance | 1:00 Dominoes | Exercises | 2:30 Words from the | videos | breakfast |
| - downstairs TV area | Training | 2:30 Take Away | 11:00 Balance | Word | 1:00 Dominoes | Devotional Hymns & |
| 10:30 Balloon Volley | 11:30 Lunch Bunch | Game | Training | 3:00 Bingo! | 2:00 Crokinole | Singing |
| 1:00 Dominoes-in | Outing: Braum's | 3:00 Arts & Crafts- | | | | 2:30 Movie Matinee |
| | 3:00 Bingo! -Bistro | "Fuzzy Art Posters" | 3:00 Faith Church | 4:00 Timeless Tunes | | Title of the movie will |
| Bistro Daylight Saving Time Begins | 4.00 Sharing our | | | Purim Begins | With Gathan | · · · · |
| 9:00 Betty's Sunday | | | | | | |
| Service | 11:00 Balance | 1:00 Dominoes | Exercises | 2:30 Words from the | videos | breakfast |
| - downstairs TV area | Training | 2:30 Horse Racing | 11:00 Balance | Word | 1:00 Dominoes | Devotional Hymns & |
| 10:30 Balloon Volley | 11:30 Lunch Bunch | Game | Training | 3:00 Bingo! | 2:00 Crokinole | Singing |
| 1:00 Dominoes-in | Outing; Torchy's | 3:00 Arts & Crafts- | | 4:00 Timeless Tunes | 3:00 Happy | 2:30 Movie Matinee |
| Bistro | 3:00 St. Patty's Day | "Abstract Painting" | Tree | Spring Begins | Hour!!! | Title of the movie will |
| 9:00 Betty's Sunday | 10:30 Chair Exercises | 10:30 Drum Circl@5 | 10:30 Chair 26 | 10:30 Drum Circl@7 | | Benice's after 29 |
| Service | 11:00 Balance | 1:00 Dominoes | Exercises | 2:30 Words from the | videos | breakfast |
| - downstairs TV area | Training | 2:30 Spin Wheel | 11:00 Balance | Word | 1:00 Dominoes | Devotional Hymns & |
| 10:30 Balloon Volley | 11:30 Lunch Bunch | Game | Training | 3:00 Bingo! | 2:00 Crokinole | Singing |
| 1:00 Dominoes-in | Outing; | 3:00 Resident | 11:30 Outing; | 4:00 Timeless Tunes | 3:00 Happy | 2:30 Movie Matinee |
| Bistro | Main Event | Council Meeting | Walmart | | | Title of the movie will |
| 9:00 Betty's Sunday) | 3:00 Bingol -Bistro 10:30 Chair 31 | | | planned and her | Hour!!! | |
| Service | Evereises | We have som | | planned and hop | | |
| - downstairs TV area | 11:00 Balance | night is on Mar | ch 28 at our 4:3 | 0 evening meal. | If you have any | suggestions to |
| 10:30 Balloon Volley | | | | us know! We we | | |
| 1:00 Dominoes-in | 11:30 Lunch Bunch | | | | | |
| Bistro | Outing: Swadley's | | | Wednesdays so | | |
| Saddlebrook Senior Living 12928 | | Familios a | ro always oncol | iraged to attend | any & all of our | |

Saddlebrook Senior Living 12928 N. May Ave. Oklahoma City, Oklahoma 73120